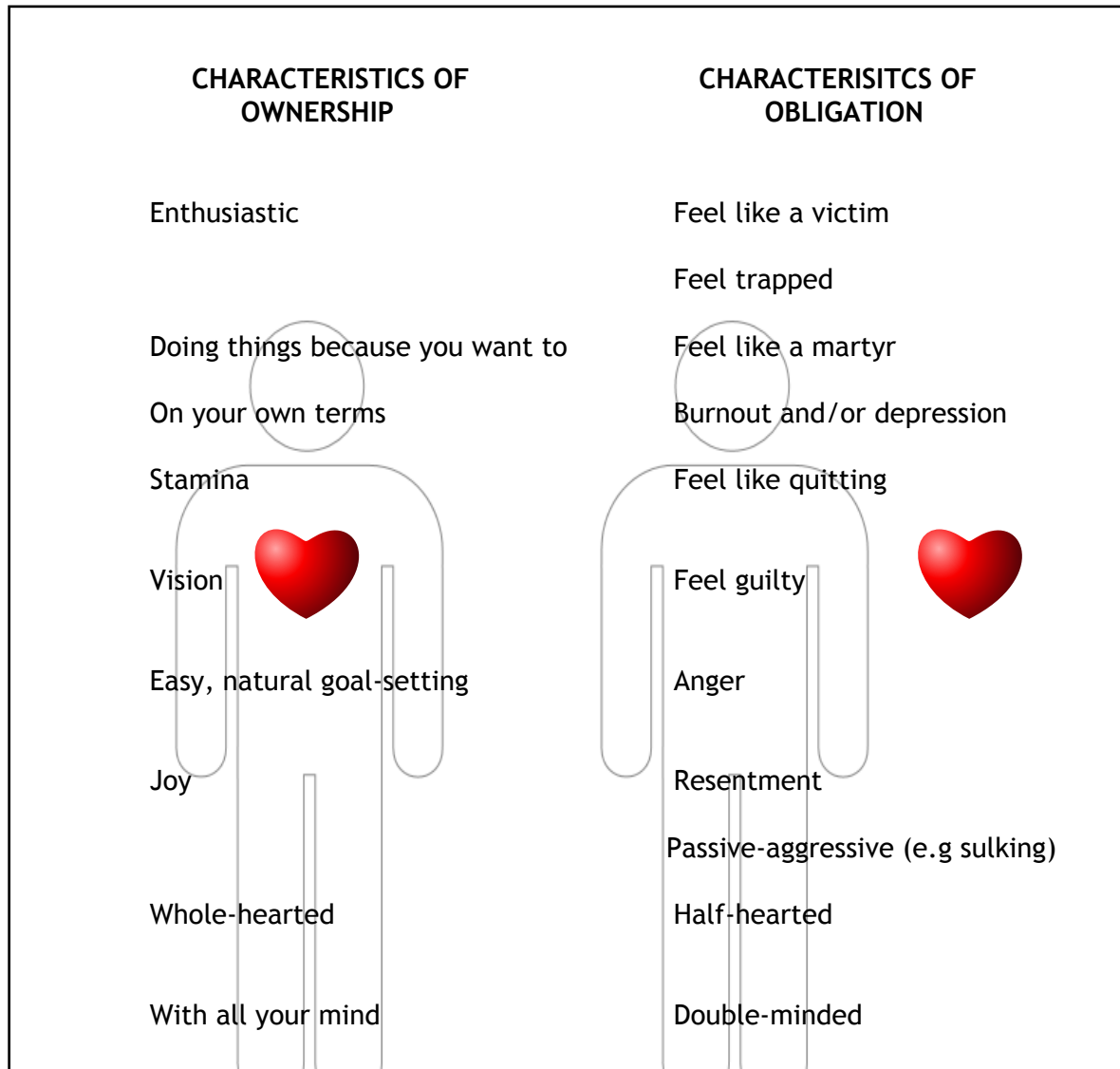


OWNERSHIP VERSUS OBLIGATION



You should try to get ownership of your life, and ownership of everything you do in your life

You shouldn't do anything out of obligation or resentment

If you find yourself doing something out of obligation, you have two choices: either get ownership of it, or stop doing it.

It's helpful to realize that in everything you do there is an element of choice you have.

It's possible to get ownership of something you hate doing. In order to do that, you need to know that you have had a choice, and that you have made a decision to willingly include that hateful thing in your life, for a reason you believe is right. That way you can get ownership of something, and do it with peace and contentment in your heart, even though you may still hate doing it!